

## **Abstract**

The bachelor thesis deals with the topic of perineal laceration repair within the scope of a midwife's competence. The aim of the thesis is to create an educational video that can serve as instructional material for midwifery students. Fulfilling the main objective of the thesis is related to achieving the following specific goals: creating a comprehensive theoretical compilation of available resources related to the topic of the thesis, developing a video script, and capturing footage with expert personnel. The thesis thoroughly examines the anatomy of soft tissues and subsequently focuses on the profession of midwifery, including competencies and education. In further sections, it explores the diagnosis and prevention of childbirth injuries, encompassing practices for both women before childbirth and midwives during labor. Simultaneously, it describes the procedures for treating injuries and the relevant materials and tools. The conclusion of the thesis addresses the subsequent care of injuries during the postpartum period and possible complications. The accompanying educational video addresses topics such as postpartum genital examination and injury management, depicting and describing them in detail with voiceover commentary.

Keywords: childbirth injuries, midwife, vaginal delivery, rupture, perineal injury, episiotomy, birthing positions