

Abstract

The aim of the thesis is to present the lawyer's profession from the point of view of his personal well-being and to identify the factors that influence this personal well-being. The theoretical part of the work is primarily focused on defining the basic concepts of well-being and advocate. The lawyer's profession is understood here from the point of view of the function and prerequisites for its performance. The concept of well-being or personal well-being is a very broad concept, as it includes everything that contributes to the quality of a person's life. It can also be described in terms of psychological, physical and social. According to Seligman, the theory of mental well-being points to a total of five components of well-being (positive emotions, engagement in activities, positive relationships, meaningfulness and successful performance), which are addressed in individual subsections. Part of the theoretical part is also an overview of current world studies that connect the topic of well-being and the performance of advocacy both in the form of meta-analyses and partial research studies. The research part is a qualitative analysis of the given problem, which was carried out with the help of a semi-structured interview with representatives of the legal profession. With the help of a thematic analysis, a total of five factors were identified that contribute to the personal well-being of lawyers. These are factors: freelance work, variety of job content, work environment, cooperation in professional practice and professional success. The factors found agree with assumptions that are based on well-being theories and also agree with some of the results of quantitative studies conducted in the world.