

Abstract

This bachelor thesis focuses on the impact of adverse experiences in the mother's adolescence on the child's socio-emotional development and potential behavioural problems.

The literature section first introduces the concept of 'adverse experiences' and introduces their different types. It will then outline the ways in which adverse experiences can be measured in research practice and the effects they can have on the individual who has gone through them. The focus of the paper will be on the course of these negative experiences in adolescence, but at the same time those adverse experiences that took place in the mother's early childhood will also be mentioned. The effects of the mother's adverse experiences on the child's socio-emotional development and behavioural problems will be described. Finally, the mechanisms by which transgenerational trauma is transmitted from mother to child will be presented.

In the research section, a research proposal will be presented that focuses on the impact of a mother's adverse experiences during adolescence on her child's risk of behavioural problems. This is a quantitative research design that looks at behavioural problems in preschool children who are 4 years old. This study also focuses on the role of social support as a moderating variable, as previous studies have identified social support as a protective factor against the effects of adverse maternal experiences on child development.