

## **Abstract**

**Title:** **Skiing through games for preschool children**

**Objectives:** The aim of my bachelor's thesis was to create a set of games that will be focused on the development of skiing skills into the teaching of skiing for preschool children.

**Methods:** This bachelor's thesis is an academic work with a didactic component. As sources for this thesis, I used bibliographic sources of various types and integrated them with the practical part, which draws from my experience. The collection of games is then divided into five sections: warm-up, skiing movement, stopping and plowing, downhill skiing and parallel slalom.

**Results:** The outcome of this work is a collection of games focused on various aspects of skiing instruction, from walking on skis to parallel slalom. Each category includes specific games that develop skiing skills in preschool children. Instructors or teachers can use this collection as inspiration and a tool to enrich skiing instruction.

**Conclusion:** Games are an integral part of children's lives, and it is necessary to incorporate them into skiing instruction. Children develop not only skiing skills but also communication and cooperation through them. The collection of games serves to develop all these skills and abilities.

**Keywords:** **skiing skills, child development, games in teaching, motivation**