

Abstract

Title: Use of didactic methods, styles and forms in the training practice of floorball coaches taking into account on their overall behavior within the training process.

Objectives: The main goal of this work is to clearly describe all didactic methods, styles and forms, that are often used during floorball trainings. Thanks to the written theoretical starting points and regular observation of the trainings of the categories, during which I will take notes, I will subsequently evaluate the quality of the trainings and the use of individual didactic methods, styles and forms of coaches in the Fbk Jičín club.

Methods: To achieve the result, I will use qualitative research, within which I will use the observation method, on the basis of which I will be able to evaluate the results.

Results: The results of the work are based on a comparison of the work of a total four trainers who work in different categories. The results are focused on the use of individual didactic methods, styles and forms by all trainers.

Keywords: floorball, coach, training session, training, behavior, category, didactic styles, didactic methods, didactic forms