ABSTRACT

This final essay focused on key topics such as contacting the emergency line or knowledge of first aid in the event of a threat to basic life function, which is properly performed resuscitation and treatment of bleeding. It also discusses the situations when we are legally obliged to provide first aid and the penalties for non-provision. It also focused on the situation that lay rescuers encounter very often in the context of first aid. These are injuries caused by different temperature conditions or shock conditions associated with various diseases such as diabetes, epilepsy, or allergies. Part of the work is also a description of practical actions aimed at sharpening fractures and soft tissue injuries, separation of body parts, or eye injuries. In the conclusion of the theoretical part, the differences between some of the actions in providing first aid to children are also mentioned, as well as the most common mistakes or fallacies that are made in the context of first aid. Part of the work is the practical part, in which research in the form of a questionnaire survey is carried out. The main aim of this final essay was to find out the knowledge of pre-medical first aid among selected groups of working people, their comparison within the groups, and their self-assessment against the actual results of the questionnaire survey. The final essay also contains research questions that will be answered through the evaluation of the questionnaire survey. Each question will be supplemented with a chart and a comment from the author for clarity of the results. According to the total evaluation of the answers in the questionnaire survey on pre-medical first aid, it was found that the selected groups of working people in Prague have slightly above average knowledge, as they achieved an overall score of 2,3. The intended outcome of this final essay is to highlight the gaps in education within pre-medical first aid and to offer any advice to the employers of my selected respondents.