

## **ABSTRACT**

The thesis analyzes the concept of virtual universities for the third age (VU3A) in France, the United Kingdom, and the Czech Republic, focusing on teaching methods and didactic tools. The Czech Republic stands out with advanced online education for seniors through VU3A at PEF ČZU and Ostrava University, utilizing interactive webinars, online courses, and virtual classrooms. In the United Kingdom, there is a comprehensive online community, Interest Groups Online (IGO) under U3A, which includes membership, its own magazine, an ethical code, and offers structured lectures and discussion forums. In France, online education for seniors is less developed, offering only recorded lectures and basic online courses, lacking a comprehensive virtual university system. Didactic tools include multimedia materials, e-learning platforms, and interactive collaboration tools. Online education for seniors promotes active aging, enhances cognitive abilities, and improves the quality of life, which is crucial for future generations and the overall social integration of seniors.