

## **Abstract**

The thesis deals with the role of schools in the mental health of high school students. The aim is to identify how selected actors in the school environment perceive the importance of schools in caring for students' mental health, analyze how they perceive changes in this area over time, and map the measures that selected high schools implement for the prevention of mental illnesses and the promotion of mental health, as well as any potential obstacles. The work is methodologically processed using a qualitative approach. To answer the research questions, nine expert interviews were conducted with selected actors from schools, including class teachers, school counselors, and school psychologists. The results of the data analysis highlight the importance of the role of schools in the mental health of their students, describing the school's function as key, educational, nurturing, and caring. They also describe the actors' perception of the importance of their own roles and the perceived increase in cases of mental illnesses. The analysis also revealed the most frequently mentioned causes of changes in this area, as well as the measures for prevention and support in schools. Lastly, obstacles to the implementation of additional measures or the enhancement of existing ones, which respondents identified as the most urgent, were identified. Finally, possibilities for further research are proposed.