

Abstract

The prevalence of people with dual diagnosis experience in addictology services is increasing and calls for further development of existing services or the creation of new ones, that would respond adequately to this phenomenon. The aim of this thesis is to evaluate the process of establishing and implementing an aftercare programme for people with dual diagnosis experience. Data were obtained through semi-structured interviews. The research group consisted of 4 aftercare workers in Brno. Furthermore, a quantitative content analysis of service documentation was conducted. The aftercare programme has established an adequate network of collaborative services, which is dominated by cooperation with therapeutic communities for people with dual diagnosis, which the staff consider to be the most appropriate preparation for the programme, especially in comparison with preparation in psychiatric hospitals. The focus of the programme is on people with psychotic illness, however, a significant portion of its clientele includes people with anxiety-depressive symptoms and personality disorders. The programme is characterized by a high degree of flexibility and is responsive to the current needs of clients. The staff identifies rapport as the most important method in working with clients. Of course, an integrated approach, i.e., linking the two components of dual diagnosis in aftercare, is essential. There is a lack of collaboration with family and loved ones in the service, mostly due to their reluctance to engage. The aftercare service is adequately staffed, with staff having appropriate education and experience. Close cooperation with the psychiatrist is crucial for the team. The staff are satisfied with the team, feel very supported by it, consider it to be balanced in terms of personnel, but are thinking about strengthening it in the form of a peer. The lessons learned can serve as inspiration and a source of information when implementing similar services.

Key words: after-care, process evaluation, integrated treatment, recovery, dual diagnosis.