

ABSTRACT

The topic of the thesis is the age of man in the subject of civic education. The thesis presents selected sub-topics related to ageing and human old age. These findings are used in the didactic part of the issue of old age. The aim of the thesis is to introduce the phenomenon of old age in its various contexts and diversity. The thesis answers the question of who and under what conditions is considered to be an elderly person and offers a point of view of the boundaries of old age as a social construct. The subchapters describe the various contexts of ageing – demographic, media, sociological, economic and others – which are important for understanding the complexity of the topic of old age. Demographic ageing and the resulting statistical forecasts predict a transformation and a challenge for Czech society, that must be respond to. In view of this, the didactic part emphasises increasing interest of students in their own and others' old age and increasing mutual respect between the different generations. This is also reflected in the presented conception of preparing for old age as a lifelong task. The teaching design presented includes three teaching blocks in total – field research, an escape game focusing on „rescuing trapped elderly people in the garden“ and a reflection on the whole teaching block of an old age. The proposed activities focus on the various sub-themes and issues developed in chapters one and two of this thesis, and respect the type of learning that is based on student activity. In addition to describing the activities, recommendations for teachers are also provided.

KEYWORDS

old age, senior, ageing population, social sciences, stereotypes, ageism, escape room