

## **Abstract**

The bachelor thesis focuses on the challenges faced by parents of children with disabilities and explores how their experiences of parenting have changed as the child has matured.

Drawing on semi-structured in-depth interviews with parents of adult children with disabilities, the thesis explores the intersection of societal expectations, personal experiences and the impact of how their child's disability transforms their role. Findings show that parenting a child with a disability significantly alters family dynamics, career trajectories, and social interactions and requires significant emotional and time investment. Parents often experience increased stress and psychological strain. This work is intended to contribute to a deeper understanding of the unique challenges these parents face and calls for more comprehensive support mechanisms to help these families cope with their complex situation.