

## **ABSTRACT**

This bachelor's thesis deals with posttraumatic growth of Ukrainian refugees who came to the Czech Republic due to the war and began studying at Czech universities. The theoretical part of the thesis focuses on the definition of concepts such as posttraumatic growth and trauma, describing the situation of refugees and their potential for posttraumatic growth, also with consideration of the developmental stage of emerging adulthood. The empirical part consists of qualitative research conducted through 12 semi-structured interviews with Ukrainian refugee students. The data were analyzed using thematic reflexive analysis. The aim of the thesis was to determine the signs of posttraumatic growth exhibited by the respondents and the factors that may promote it. These signs were set in the context of university studies and the developmental stage of emerging adulthood. The results identified growth in the social domain, personal development including increased self-efficacy and resilience, a new awareness of the importance of mental health, and the benefits of the situation due to new opportunities. Factors promoting posttraumatic growth included not only social support and an attitude experienced in the Czech Republic that evokes tolerance and authenticity but also the specific characteristics of the emerging adulthood stage. The university functioned as a means of focusing on the future, re-establishing routine, and providing opportunities for social development and identification of life goals.

## **KEYWORDS**

posttraumatic growth, Ukrainian Refugees, self-development, university students, emerging adulthood