## Abstract (in English):

The diploma thesis deals with the implementation of a social-activation program for families with children, in a rural village in the Central Bohemian Region, in the form of a community project. The methodology of the proposed activities is based on a holistic approach that looks at a person as a bio-psycho-socio-spiritual being and on a method of multidisciplinary cooperation that has the prerequisites to respond comprehensively to defined needs, based on today's times. The work focuses on the connections between social work and hyporehabilitation, environmental education, outdoor artephyletics and traditional activities in the countryside (permaculture agriculture, animal husbandry, crafts) that lead to environmental sustainability and self-sufficiency of individuals and communities. The goal is to propose a functional project solution including a financing proposal.