

Abstract

The goal of the bachelor thesis is to explain the importance of voice education in adult choirs. In the introduction of the thesis, the physiology of the vocal tract is briefly described. Later, the issues of breath support are examined. The terms *resonance*, *a vocal register*, *a consonant*, *a vocal* and *voice groups* and ontogenetic development of human voice are explained. The last part of the theoretical part deals with the issue of vocal hygiene. Basic preventive measures to maintain the long-term activity of the vocal apparatus, such as regeneration, nutrition or the voice care prior to a singing performance, are described here.

The core of the thesis is the research part, which itself consists of three main chapters. The first one includes breath and vocal exercises to strengthen main vocal attributes. Those exercises are suitable for all voice types. The thesis continues with introducing phases of warm-up in the way the thesis's author uses them herself in her career as a choirmaster. The last part of the thesis includes interviews with vocal teachers and choirmasters. The interviews were held in person and on-line form with a list of pre-prepared questions. The content of the interviews deals with the issues of breath support, frequently occurring vocal problems and the methodology of warm-up. The result of all the gathered evidence is that voice education is of the utmost importance for the vocal quality of the choir.

The thesis can therefore serve as a practical reference material for choirmasters or, for example, insufficiently musically educated amateur singers in the choir.

KEYWORDS

voice education, warm up, vocal hygiene, adult choir