## Abstract

This thesis focuses on the importance of support in the adaptation process, the key factors influencing adaptation and brings suggestions for effective support of educators. The theoretical part describes four main chapters that deal with the basic topics of adolescence, youth home, personality of the educator and various possibilities of adaptation. The empirical part describes the research survey, specifically the qualitative strategy. The aim of the research is to explore various methods that can be used in practice for successful and effective adaptation of pupils to the youth home and to provide recommendations on how educators can best help these pupils. Interviews, case studies and observations are used to collect data, which allow a more detailed understanding of the individual experiences of educators and pupils in relation to the adaptation process.