

## **Abstract**

This diploma thesis focuses on Preterm birth and its Psychosocial Impact on the Mother. In recent years, there has been an increase in the number of preterm births, primarily due to women delaying motherhood until later ages and the use of assisted reproductive technologies. Both of these factors are associated with the higher risk of complications during pregnancy, including preterm birth. This thesis aims to identify the factors influencing the psychosocial impact of preterm birth on mothers, map the most challenging situations mothers have to face after preterm birth, and explore mothers' opportunities for participation in the care of their preterm infants during their hospitalization. The study will employ qualitative research methods, specifically semi-structured interviews with mothers who have experienced preterm birth. The findings of this thesis will contribute to a deeper understanding of the issue of preterm birth and its consequences.