

Abstract: The objective of this work is to provide a critical reading of *Mrs. Dalloway* by Virginia Woolf through the application of Merleau-Ponty's argument structures and terms as introduced in his *Phenomenology of Perception*. By following the structure of *Phenomenology of Perception*, we implement the concepts of the *phenomenal field*, *anonymous subject*, *communication*, *time* and *freedom* to conduct a phenomenological analysis of Woolf's novel. In the final part, we discuss the deviation from common modes of perception in a person suffering from mental illness, as demonstrated through the character of Septimus Warren Smith. Throughout our analysis, we will focus not only on the similarities but also on the differences between the two approaches, which are most prominently seen in the section dedicated to interpersonal relationships.