Abstract:

This bachelor's thesis examines the relationship between the leisure activities of adolescents and the decline in alcohol consumption among adolescents in the Czech Republic between 2011 and 2019. The aim of the thesis is to describe this relationship and to verify the established hypotheses, which were formulated based on previous empirical research and the theory of routine activities. The hypotheses are tested on Czech data from the international ESPAD study from the waves conducted in 2011, 2015, and 2019. The first part of the thesis presents the current knowledge about the decline in alcohol consumption among adolescents in the Czech Republic and worldwide. It also describes the existing research on the relationship between adolescents' leisure activities and alcohol consumption. Further, the proposed hypotheses and the ESPAD study are introduced. A significant correlation is found between unstructured leisure activities and alcohol consumption among adolescents. There is a statistically significant, although weak, relationship between structured leisure activities and alcohol consumption among adolescents. The thesis thus confirmed that the decline in unstructured activities could be one of the factors explaining the trend of decreasing alcohol consumption among adolescents in the Czech Republic.

Keywords:

Alcohol consumption, Adolescents, Leisure time, ESPAD, Czech republic