

ABSTRACT

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Title: Registered nurse burnout symptoms subject to a lifestyle

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Number of pages: 86

Year of defense: 2024

Keywords: transcultural and multicultural nursing, registered nurse, language readiness

The bachelor's thesis deals with transcultural nursing care from the perspective of a general nurse. The thesis is divided into a theoretical part and an empirical part.

The theoretical part describes transcultural nursing care ingenerally, its basic concepts such as culture shock, race and racism, ethnicity, nation and national minority, the difference between transculture and multiculturalism is explained, and healthcare is described as a subculture. Furthermore, two basic models of nursing care in transculture are explained here. The theoretical part also contains the basic principles of treating a foreigner and communicating with him, where verbal and non-verbal communication, communication between a nurse and a patient, the basics and principles of communication with a foreigner, principles when communicating through an interpreter are described, and the last part describes the four most numerous minorities in the Czech Republic – Ukrainians, Slovaks, Vietnamese and Russians, their religion and influence on the nursing process. In the empirical part of the thesis, the results of a quantitative research study are processed, for which a non-standard questionnaire of our own design was used. The aim was to find out how general nurses view the difficulty and specifics of nursing care for a patient from a foreign cultural environment, whether they know the basic principles of nursing care for foreigners, what obstacles they encounter when caring for foreigners and how they solve problem situations in the field of multicultural nursing.