

ABSTRACT

The subject of the dissertation was stress management strategies in relation to selected professional characteristics of educators in foster care settings.

The theoretical part is focused on defining the basic relevant topics related to the issue of professional characteristics of educators in educational institutions for the performance of institutional and protective education.

The empirical part is based on a comparison of the Bochum Personality Questionnaire and the Stress Management Strategies within a sample of 377 educators working in the system of school institutions for the performance of institutional and protective education. We note the finding of only partial significant differences in relation to the selected occupational characteristics and stress management strategies in our sample.

KEYWORDS

institutional and protective education, educator, professional characteristics, stress,