

Summary

The thesis deals with changes in the approach to people with disabilities, focusing on the areas of self-determination and supported decision-making. The aim of the thesis is to clarify the benefits and possibilities of supporting people with intellectual disabilities through alternatives to self-limitation. The thesis is divided into a theoretical and a practical part. In the theoretical part, the development of the approach to people with disabilities is presented, as well as the legislative anchoring of the rights of people with disabilities, focusing on the Civil Code and the changes related to the topic of self-determination that occurred in 2014. The theoretical part also deals with the myths associated with the limitations of self-determination. The practical part consists of qualitative research, which was conducted using the method of semi-structured interviews with mothers of children with intellectual disabilities who are also their supporters and guardians. The results of the research provide an overview of the functionality and gaps in the use of the measures, which result primarily from low awareness and ignorance of alternatives to disability in the general public.

Keywords

self-determination, mental disability, person with a disability, guardian, supporter, limitation of autonomy, alternatives to limitation of autonomy, supported decision-making