Abstract: The thesis deals with social rehabilitation in a training café for people with mental illness. The theoretical part focuses on social rehabilitation, mental illness, treatment system and psychiatric care reform. The research part examines the principles on which social rehabilitation works, whether the café is a suitable environment for it and how it works with people with different diagnoses. The research shows that the café environment is suitable because of its diversity. Above all, rehabilitation provides an opportunity for change, offering acceptance, firm boundaries and feedback. People with personality disorders should combine rehabilitation with intensive therapy. Social rehabilitation should not be forgotten in the classical model of mental health treatment; perhaps the reform of psychiatric care will help to achieve this.