

# **The influence of spiritual experience on the choice of a helping profession in the field of social work.**

## **Abstract:**

Rigorous work examines the influence of spiritual experience on decision-making when choosing a helping profession in the field of social work. The theoretical part focuses on the explanation of key terms and an overview of spirituality research. It also summarizes the ideas of major researchers in the field of spirituality, such as Carl Gustav Jung, Erich Fromm, William James, Abraham Maslow, and Stanislav Grof. The practical part then combines the theoretical basis with the knowledge gained during the examination of specific experiences. It contains seven interviews that were analyzed using interpretive phenomenological analysis.

## **Key words:**

Spirituality, religiosity, choice, helping professions, social work