

Thesis "procrastination (delaying obligations) and its coping among university students" I have chosen for several reasons.

The main reason is my longstanding interest in psychiatry. Another reason is very low awareness of students of Czech universities procrastination issues, based, inter alia, the deplorable lack of information in the literature written in Czech.

The aim of this paper is to summarize current knowledge on the issue procrastination with an emphasis on academic procrastination in environment, an overview of therapeutic approaches, outlining the basic preventive methods and emphasize the importance of counseling centers in universities in the awareness of students as well as intervention and preventive interventions.