

The current development of health care places emphasis on improving the provision of health care, improving and increasing its availability. In addition it is also one of the main trends of recent years, increased preventive measures and procedures whose main objective is to prevent the emergence of different kinds of diseases. In this context the standard uses the concept of a preventive program, which is defined as a set of activities that lead to reduction or complete avoidance of pathological phenomena and consequently to the emergence of various diseases.

Prevention programs and activities aim to educate society to a better lifestyle, mastery of basic frameworks of behavior that are important for healthy personality development in health, social and psychological areas.

The most important period for the implementation of prevention and education as a field is preschool and school children and the youth. It is not only the time taken by children and youth spent in educational facilities, but also a young man and woman's willingness to learn new things.

Children and young people receive in school all the important information for further development, therefore it is necessary and most effective teaching of basic knowledge to connect with teaching in the area of prevention.