

The Abstract

The Title

The actual level of discus throwing technique at the representatives - wheelchairs, categorized in groups F55, F56.

The Aims of the essay

Regard to work up my own basic materiale which consist the photorecording, obtained from the videotaping of the discus throwing of representatives – athletes, I compiled and utilized this actual graundwork. In this point i took the deferences among the throwing, techniques into consideration, especially the specificity of the various classifications. I cleared the importance of the material and practical aids as well.

The Method

For the working up the actual level of the discus throwing technique for wheelchairs athletes i preferred the comperative metod of the motoric analysis. I used the photorecording of three wheelchairs athlets – classifying rate F55, F56 who have obtained extending results at the international top level discus throwing competitions. The model technique of the wheelchairs – discus thowers is an analysis of the accessible materiale of the throwing of the healthy athlets on the one hand and the appraising of their photorecording on the other hand.

The Results

From the results is clear that the actual technic level of wheelchars discus throwers is stable motoric skill which is conditional on the level of healthy handicap and the utilization of a compensation aids.

The Key words

The athletic of a wheelchairs, the technical level, the classification levels, the comperative analysis, the photorecordings, the compensational aids.