The purpose of this work is to map problem activities of three areas of self-sufficiency by the people whose arm has been amputated. The second aim is to produce a information leaflet. The areas focused on are: feeding, dressing and hygiene. The target group includes the adults with the arm amputated, except for fingers. The research was done via a questionnaire.

A theoretic part of this work contains a list of prosthetic tools and a division of prosthetic rehabilitation. A practical part focuses on the results of the survey. It contains a list of problem activities in individual areas of self-sufficiency and Occupational Therapy intervention of people with an arm amputated. It also compares an extent of self-sufficiency of individual respondents according to the type of the amputation.