

Pretherapy is a method of bringing about a contact with people who are not accessible to usual therapy. Therapist uses contact reflections to make or restore a psychological contact, which is a condition of therapeutic relationship and any changes within the therapy. Pretherapy is available mainly at work with people with mental or psychical disabilities.

Theoretical part includes basic information about pretherapy, its process and possibilities of its use in occupational therapy. Practical part represents a research about awareness of Czech occupational therapists about pretherapy and their interests in further knowledge about it.

Output of theoretical part is based on professional literature and exhibits the possibilities of using pretherapy in occupational therapy practice. Results from practical part point out that pretherapy is unknown method among Czech occupational therapists and that they are quite interested in knowing more about pretherapy. That's why a presentation of pretherapy is enclosed at the end of this thesis.