My diploma thesis Regional Anaesthesia and Analgesia in Obstetrics is based on theory and research. In the theoretical part I focus on spine anatomy, regional anaesthesia (epidural and subarachnoid) and regional analgesia (epidural, subarachnoid, paracervical, pudendal, infiltration, caudal). In research part I present a questionnaire I have created for mothers in hospital care during puerperium period to gain information related to their experience with epidural and subarachnoid analgesia/anaesthesia. In detail I explain the results of my research followed by meeting the given targets as well as confirmation or contrary hypothesis.