

On the background of the attachment in the aftercare center and interest in relapse prevention I chose the question if the first (re)lapse plays some role in the aftercare and what role is it for the topic of my bachelor work.

The aims are to map and compare clients' and therapists' views on the same event of the client's first (re)lapse; emphasize that the first (re)lapse needn't lead to the original stage of addictive behaviour but on the contrary can play a positive role in client's life and process of the aftercare; and critically assess the current status of using of the relapse prevention terminology in practice.

(...)

All clients of the aftercare center create the basic sample. Two clients were chosen to the sample, experienced a (re)lapse during their aftercare, processed it with the therapists and continue in the programme. The interviews were realized with clients' therapists.

The statements of clients and therapists are not too different. There is the question if similar views are result of their joint work or if the clients are under the influence of the opinions of the therapists that they describe an event in this way. I point out the important difference in sights on (re)lapse at all, clients see it especially in the negative way, as a failure, but both therapists describe it rather in the positive way, as the second chance.

Statements of the therapists about the current status of using of the relapse prevention terminology and the distinction between two terms lapse and relapse lead to the conclusion that distinction between these terms is not easy. It is not easy to say it is still lapse or it is relapse yet. It consists on the individual assessment of the client and the level of therapists' knowledge. Both therapists in my work don't almost differentiate between these two terms. I think it will certainly be positive to make the terminology clear for using in practice. Hypothesis that the first (re)lapse can play the positive role in the client's personal development was established. Both clients use the aftercare more for theirselves and are able to take many important things from the programme, the relationships between client and therapist and in the group are warmed up.