

In my bachelor thesis which is titled "Pain mapping in the senior population" I set a task to map the most common musculoskeletal pain bothering the senior population. I am also interested in the question of motivation for the application of physiotherapy. The semistructured interview was used for data collection (experimental sample contains 56 probands). To verify the success of physiotherapy as a suitable alternative of pain influence I have already created three case reports. The results clearly show that 89% of the seniors are limited by some type of the pain which is in 82% of cases connected to the locomotor system. The most frequently reported pains were in the area of knee (24% responses), lumbar spine (21.5%) and hip (19.5%). For 79% of all seniors is pain a motivating factor for the application of physiotherapy (motivating factor for active participation). I also elaborated further obtained information interesting for physiotherapy practice relating to the musculoskeletal pain and the willingness of cooperation into synaptic charts. I noted the positive impact of exercise on pain in the case of case reports.