

Hinduism-characterized with a variety of uniform components passing through different traditions. Of the many gods, the most important are Brahma, Vishnu and Shiva. Religion is the most widespread of the Indian peninsula. Ayurveda is a traditional Indian medicine, which in essence is a balance of body and soul. Treatment is aimed at restoring the balance by living and eating habits, medication and preventive measures. Food is very diverse and aromatic. Beef is prohibited.

Buddhism-the science of cognition the things as they are, and based on the teachings of Siddhartha Gautama founder. The main idea is that life is suffering and the way out of it is enlightenment. Buddhist belief is widespread in Southeast Asia. The body is considered to be a temporary envelope of soul and should be treated with care by exercise, diet, meditation régime and becoming hardened. The treatment uses herbal preparations. Western treatment is not denied. Diet is more vegetarian and vegetable meat analogues are used. Beef meat, meat of large and exotic animals, including guts is not consumed.

Judaism-the first major monotheistic religions. Omnipotent and omnipresent God - The Creator has a personal relationship with his people. Many Jews live in North America and Israel. Jews are convinced that every moment of life is precious. Medicines and treatments to improve and extend the life are permitted. Circumcision of newborn boys is performed. Traditional Jewish cooking is kosher, i.e. according to the Jewish dietary law. Jews must not eat meat and dairy together. Pork and shellfish are forbidden.

Christianity has its foundation in Judaism. Jesus redeemed through His death on the cross human sins and by resurrection proved The Son of God. Christianity is widespread. I am not aware of any limitations in the Western Treatment. The patient must be informed about his or her condition and about a course of treatment. There is not any recommended diet, except moderation.

Islam is based on uncompromising monotheism. God-Allah is an uncompromising, eternal and almighty, and Muhammad is his prophet. Islam is spread from the Arabian Peninsula and Southwest Asia to North Africa and Indonesia. There is a long medical tradition, from which the western medicine comes out. Traditional physician-Hakim uses herbal medicine, homeopaths, chiropractic,.. Muslims must not eat pork and drink alcohol.