Psychosocial environment at Grammar Schools is essential for developing healthy personality of schoolchildren. Improper background (inadequate endurance, stress, absence of understanding for abilities development etc.) has got substantial effects on health of children and adolescents. Answer of young organism can appear as in the sphere of somatic or psychic changes, as well as in the field of emotional changes. Final effects could be apparent change in behaviour of the person and enhanced risk of health damage. Therefore, it is essential to deal with the prevention of such harming effects and improvement of the unsuitable environment at schools.