

The professional diseases of the locomotor and nervous system caused by overloading are included according to the list of illnesses in the charter II (diseases made by physical factors) where they are divided according to the particular diagnoses into four items. These diseases affect both the men and women and interfere almost with all sections of economical sphere. With regard to the number of annual report of these problems it belongs to the most represented. That's why prevention is very important, mainly primary one (technical, technological, organizational and medical provisions). The cause of the professional diseases of the locomotor and nervous system caused by straining is the long – termed excessive and unilateral burden of a certain part of this apparatus when impairment of the damage tissues preceeds more quickly than its renovation. Microtraumas arise there gradually and dystrophic changes leading to reducing of promoting the circulation of the damage tissue and to resulting progress of dystrophy. Pain, swelling and disorder of the function of the damage one belong to the first symptoms. Deformations of joints or rupture of sinuos can appear gradually. The basis of the treatment is the working man's setting aside from the risk of overloading and successive treatment is unwound from individual diagnostical disorder (conservative, surgical).