

Vojta reflex locomotion works on the strength of rediscovery of locomotive patterns. In this study, we investigated influence of Vojta's method to the clinical condition of patients with multiple sclerosis cerebros spinalis. There were five patients with multiple sclerosis which underwent two months Vojta reflex locomotion rehabilitation.

We found out that Vojta reflex locomotion has positive influence to relief spasticity on the upper and lower extremities. The spasticity improves at all patients on average on 12, 3 %. Except improve of the spasticity, is also noticeable the increase of muscle strength (around 8 %). In the other clinical symptoms weren't found any considerable improvement in comparison with the primary condition before rehabilitation.