

The subject of this work is application of physiotherapy at geropsychiatric patients, the image of care of geropsychiatric patient on inpatient department and at after-care facilities (facilities, that are providing respite care and day care). In form of casuistry it is describing process and results of individual physiotherapy of polymorbidic patient with organic anxious disorder and schizoaffective disorder of depressive type, of which during exacerbation of chronic obstructive pulmonary disease had occurred deterioration of motivity, for which she has to be hospitalized on internal ward. The work briefly characterizes fields of gerontology, geriatrics and geropsychiatry that deal with problems of seniors. It refers to theory of aging and physiological changes in the old age. It is concerning the most common geriatric problems like instability, imobility, problems with urinary incontinence, intellect disorders and iatrogenic harm of the patient. It indicates the most common mental disorders in the old age, which are cognitive disorders including dementia, delirium and depression also. Furthermore the work is devoted to effects of locomotion on organism and to possibilities of physiotherapy at geropsychiatric patients, to possibilities of individual locomotion therapy and group therapeutic exercising especially. It is concerning with another kinds of therapy also, like occupational therapy, cognitive training and canistherapy. There are given individual characteristics of therapies with respect to their use on older people, attention is also paid to manner of behavior of physiotherapist to geropsychiatric patients. Physiotherapy is concieved like component of complex care of patient. Significant is the cooperation with nursing staff in the mean of rehabilitational care. Physiotherapist should be able to answer common questions like "What will be with me?", chapter about subsequent care is devoted to problems regarding this subject. The work bring also own experiences, which I have been acquiring during my short-term attachment in Psychiatric Asylum Bohnice and in Gerontologic Center in Prague 8.