

Burnout by nurses in intensive care

Abstract:

Objective of this thesis was to determine incidence of the risk of burnout by nurses in intensive care in the Motol University Hospital in Prague, compare to risk of burnout among nurses in intensive care for children and adults and by age, sex, marital status, education, length of experience in health care and on the current department, satisfaction and performance in the workplace. The research method for data collection were two anonymous questionnaires: one prepared by author of the thesis and a standardized questionnaire by dr. Pines to determine the risk of burnout. It was found that more than half of nurses in FN Motol had low risk of burnout and has not demonstrated that nurses have on children's or adult wards increased risk. Results confirmed that discontent and the increasing intensity of stress in the workplace is proportional to the risk of burnout. This research confirmed that although most nurses achieved good results has been shown a high percentage of nurses with alarmig score and even burnout. Therefore we should not ignore this issue, but rather to warn him and avoid unpleasant consequences through educational seminars, pleasant working environment and do not overload nurses.

Keywords: burn-out, stress, nurses, intensive care, mental hygiene