

## **Abstract**

**Title:** Selection and analysis of factors defining formation of the Professional Self-defence Conception within the Prison Service of the Czech Republic.

**Objectives:** The main aim of this work is to understand, define and then analyze factors which are considered to be the most influencing and defining while preparing and forming the Professional Self-defence Conception for the Czech (uniformed) prison staff. It also analyzes educational needs of the (uniformed) prison staff of the Prison Service of the Czech Republic (PS CR) in the field of professional self-defence. It points out and offers particular solutions or options referring to changes in the content and methodology in the teaching of self-defence within the PS CR either.

**Methods:** In the thesis there are used methods of the qualitative research. The selection of the factors (aspects) used for formation of the new Self-defence Conception was made on the basis of empirical cognitive methods; observation, then explanation and experience. Selected factors and available resources were subsequently defined, analyzed and evaluated. It was made research of used resources, their analysis, synthesis, comparison and selection. Then, in the thesis there was used statistical data processing, an interpretation and an analysis, and also a written questionnaire – inquiry (closed and scale questions).

**Results:** Selection of the factors, their characteristics and analysis as well as proposals and requests mentioned above represent possible way how to make a progress and gain higher affectivity, in the mentioned conditions, during the professional self-defence training in the PS CR. They can also become a good basis for the new system formation, content and methodology in the teaching of self-defence within the PS CR. The thesis confirms a fact that

the recent concept of the Self-defence within the PS CR is not sufficient as well.

**Keywords:** Prison Service, Self-defence Conception, Conflict, Stress, Gut Reaction and Decision-making Process