

## **Abstract**

*Physiotherapy in addictology*

**Key words:** physiotherapy in the treatment of addictions, kinesiotherapy, yoga and relaxation techniques in the treatment of addiction

The thesis aims to map the physiotherapy in addictology. It focuses on clients of the system of care and its individual components. It describes kinesiotherapy and its use in the treatment of addiction. Last but not least, this thesis also concerns with yoga and relaxation techniques, which are also used in the treatment.