

ABSTRACT

Author: Pokorná Daniela
Institution: Univerzita Karlova v Praze, 1. lékařská fakulta
Title: The Dietary System in Hostitals in the Czech Republic:
Reality and Objective Needs
Tutor: Doc. MUDr. Pavel Kohout, PhD.
Number of pages: 88
Number of supplements: 6
Year: 2011

Key words:

diet, dietary system, dietology, dietotherapy, nutritional therapist, reality, objective needs

This paper deals with the dietary system in the facilities in the Czech Republic, particularly in hospitals, with the focus on reality and objective needs. It is divided into two parts – theoretical and research part. The theoretical part explains the terms such as dietology, diet, nutritional therapist, and subsequently the history, present state and possible future of the dietary system in the Czech Republic.

In the research part, the reality and objective needs in the given field are explored. The focus is on objective conclusions of the research exploration as well as on initiatives and comments from professionals in the particular facilities. Three hypotheses were set and subsequently examined. The above data was obtained from facilities such as hospital, spas and health resorts, and senior homes. The research was basic and quantitative in nature; data-collecting was done using a questionnaire.

Basing on ideas and comments from the particular facilities and the knowledge and experience gained, a plan was set up to compile a general dietary system and its complements.