

Abstract

This thesis is focused on physical rehabilitation in Multiple Sclerosis. The theoretical part deals with information about this disease, and then is devoted to the issues related to the questionnaire, that is, rehabilitation and classification of patients. The practical part presents results of the survey, which objective was to determine whether there are differences in rehabilitation in various European countries and what is the character of these differences. For our purposes the most important questions were about the understanding to the rehabilitation methods, and also about applied methods in practice in different countries.

The questionnaire was sent to the fifty experts from European countries, united under the banner of the RIMS SIG on mobility, as well as some employees of KRL FNKV. Twenty six of them answered and sent the questionnaire back. Responses were statistically analysed and processed in program called Statistica version 7.1.

The survey results shows that there are big differences in organization of physical therapy among the European countries. For example there is obvious difference in setting up rehabilitation program for the same patient in various countries, that means that the physical therapy will always look differently.

The questionnaire survey is only a pilot project, which was attended by small number of respondents. They are actively involved in improving the questionnaire, because their comments will be incorporated into the final questionnaire, which will be send to all European rehabilitation centres.