

Abstract

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Title: Case report of a patient after diskectomy C5/6

Objectives: In this bachelor's thesis is briefly introduced the issue of degenerative diseases of the cervical spine with a focus on physiotherapy procedures after surgery. It also includes the case of a patient after C5/6.

Methods: Thesis is divided into a general and a special part. The general part is processed as a literature search about degenerative diseases of the cervical spine. The special part is processed as a case report, which was created while working with the patient after diskectomy C5/6 during the professional practise in the Rehabilitation clinic Malvazinky. Case report includes input kinesiology analysis, short-term and long-term treatment plan, draft therapy, therapeutic treatment of each unit, output kinesiology analysis and evaluation of the effect of therapy.

Keywords: physical therapy, case report, degenerative diseases of cervical spine, diskectomy