

# RESUME:

## Level of foreknowledge of the eating disorders

Eating disorders make characteristic problem of current world in many ways. Eating disorders are extreme and simplified answer on a complicated question of personal satisfaction and sociable as well as health.

We are surrounded by media which show beauty bodies. Television programmes, films, magazines for woman and men – everywhere we meet with an idea, that beauty, young and feminine body is a guarantee of personal happiness. And unfortunately: not only the guarantee, but even requirement.

I have chosen this topic for its topicality. It can be expected, that a number of disordered by eating disorders will still increase and society will have to deal with it.

In my research – I tried to focus on point how students are notified of eating disorders. “Why just on students”? This is the most endangered group of people, where usually eating disorders start. In my opinion – I think that a lot of people know these both kinds of disorders, but they do not realise or do not know importance of these disorders. The result of my research should show, if there is a need to more inform young people about these disorders and by this precede a rising of eating disorders.

I divided my development into two parts:

### Theoretical part:

In theoretical part I did aim to eating disorders as in anorexia, bulimia, obesity and paroxysm of eating. I approached to these disorders from bio-psycho-social view.

### Research part:

In the practical part I did aim especially to anorexia, bulimia, obesity and paroxysm of eating. And the second part is the case study.