

Summary

My thesis topic was "Nutrition and the prevention of diabetes I. and II. Type". In the theoretical part of this thesis I dealt with the illness itself, metabolism, pathogenesis, clinical picture, diagnosis, therapy, nutrition, and prevention of complications of diabetes.

In the practical part I have set five hypotheses, which I examined in the survey. Anonymous question mark had 45 questions. In total there were 66 respondents in this file. The data were collected in 2012 in the period from June to August. It has established five hypotheses. Follow-up data were computerized and statistically processed. They were created tables and charts with commentary results. Based on these results, two hypotheses were confirmed, 2 refused and 1 was not verified.

Hypothesis 1 - With increasing age decreases the understanding of this disease. Was confirmed.

Hypothesis 2 - With a length of diabetes better diet and regimen compliance measures. Was rejected.

Hypothesis 3 - More than 30% of diabetics using artificial sweeteners and diapotraviany. Was confirmed.

Hypothesis 4 - Women are more responsible than men to disease. Was rejected.

Hypothesis 5 - Patients with diabetes type I will be accountable to their disease than diabetics II. type. Could not be verified due to lack of data.