

## **ANNOTATION**

Master thesis has theoretical and empirical nature. Its aim is to verify the use and effectiveness of selected methods of working with people with intellectual disabilities in CDS for adults. The theoretical part is devoted to three basic themes. The first issue is devoted generally to persons with MP: MP definition, etiology, classification. Briefly analyzes the life situation of people with MP and their families. The second part focuses on social services to designated persons with MP, especially at day service centers for adults, outlining the personality and noted social worker and current legislation related to that. There is also a subsection dealing with the specifics of working with people with intellectual disabilities. The second part of the educational requirements for closed environments. In the third part present the outline of the four communication approaches. In the practical section describing the application of action research using different approaches in day services for adults with mental disabilities in the center Rolnicka Sob slav.