

**Title**

Specifics of physiotherapy at pedes plani

**The abstract:**

This thesis summarizes possible methods physiotherapy of flat foot. It describes the anatomy, the kinesiology of foot, the examination of foot and anatomizes the problems of flat foot. The physiotherapy proceeds from principles of sensomotility stimulation and use of exercise units formed for the patients with this diagnosis. The kinesiotape was applied as a supporting therapy for a half of patients. Findings gained from the study of this problem were verified in praxis during case interpretation and by using Footscan measuring equipment.

**Key words:**

Flat feet, methods and concepts of physiotherapy, sensomotility stimulation, kinesio taping, exercise unit, footscan