

ABSTRACT

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Proposal for creation Snoezelen room in a geriatric centre

Snoezelen therapy is carried out in a specially adapted room. It is a room equipped with a device that stimulates all human senses. Snoezelen room offers visitors opportunity to experience understanding, interaction and relaxation. Visitors are not forced to do activities; on the contrary, they may apply their own will and practise everything they like and what is enjoyable for them.

The Bachelor thesis focuses on the use of Snoezelen room for geriatric clients. There are plenty of workplaces for child clients in the Czech Republic that tend to use Snoezelen room. However, there are only few workplaces dealing with Snoezelen for geriatric population, even though the method is utilized by this clientele abroad pretty often.

The theoretical part of this paper summarises the area of Snoezelen and dementia, which abounds in old age quite frequently, as well. Moreover this section describes basal stimulation, which has extensive effect on people suffering from dementia and last but not least a link between the Snoezelen room and basal stimulation is mentioned here.

The practical part analyses contemporary state and evaluates answers to the question: "How can a Snoezelen room be arranged and equipped in geriatric centre within the Czech Republic?" A questionnaire forwarded to workplaces that already have Snoezelen room has been used as a method for data collection. The Bachelor thesis can be used for teaching purposes and as informational material for centres or people who deal with the issue of Snoezelen in geriatric centres.