

ABSTRACT

The present master thesis titled „The role of nursing staff in mobilisation of immobile patients and possibilities of physiotherapy“ is focused on the quality of providing movement support on the Ist clinical department of internal medicine in the local hospital of the town of Most.

The thesis is divided into two parts-theoretical and empirical one.

In the theoretical part I focus on the role of physiotherapy from the point of view of providing the high-quality integrated nursing care. In this part of thesis I introduce the issues of patients' needs, movement support as an improvement of patient's quality of life and legislative competences of nursing staff related to physiotherapeutical care and self-reliance training based on the respective bibliographical sources.

Further I also focus on the consequences of immobility and the aspects of life quality, which is very intensively linked to patient's movement competences. Final chapter of the theoretical part describes the principles of kinsthetics and its implementation in movement support.

The empirical part is formed of a research and its results interpretation. There I introduce the methodology of qualitative research and further I describe the proper research itself, which was carried out among registered nurses on the Ist clinical department of internal medicine in the local hospital in Most and was focused on the knowledge of physiotherapy nursing and procedures.

The purpose of this master thesis is to show the necessity of providing hightened care of the locomotive activity of patients, where the implementation of the principles of kinesthetic is one of the suitable and effective ways to reach higher quality of patients' life.

Key words: movement, patients, needs, quality of life, self-reliance, physiotherapy nursing, kinesthetic mobilisation