

Abstract:

Supervision is dramatically growing domain in the past few years. There are many origins which influence its practice and psychotherapy models are one of them. It is important to be conscious of the influence of theoretical background, which can colour and guide course of supervision. We can find increasing use of systemic approach in the practice, therefore this work focuses on its application in supervision. We can find lack of resources specific for using systemic approach in the supervision in the social and health care services, so it is important to turn the attention to experiences of supervisors using this approach in their practice in this field.

The study is concentrating on – what are the stands of supervisors to systemic approach and what are their experiences with using this approach in practice of supervision. Semi-structured interviews and a questionnaire are used for obtaining outcomes. The data were analysed in qualitative approach. Outcomes of this study indicate emphasis on stands of the supervisors, rather than on „simple“ application of methodological operations. Practice of supervisors confirms, that systemic approach can be very well applied in supervision. We can consider interesting, that the modality of supervisors work corresponds with current integrative trend in supervision and that majority of the supervisors consider systemic approach as enframing („supratheory“).

Keywords: systemic approach, postmodernism, constructivism, social constructionism, supervision, qualitative research