

## 9. RESUMÉ

The name of my diploma thesis is „A help to man by the way of the psychotherapy and by the way of the prayer for inside recovery.“ I write here about main methods of these ways and people which do this work or service.

At the first part of my thesis I write about psychotherapy and about its aims to people. I describe activities of the psychotherapist, principles of the interview between him and client and relationships during therapy.

At the second part I write about illness and recovery by the view of the theology and Bible and about their sense in mystery of the salvation. At the same part I show some opinions of the church to this topic.

At the third part is described inside recovery and kinds how people or praying groups pray for recovery. It is important to know the sense of human suffering and if it is possible to participate on sacramental life.

In the end I describe relationship between the psychotherapy and the faith and I show some pastoral recommendations. The concrete help to man by the both ways is very important and it is important to use them without prejudices too.

Key words:

Psychotherapy, psychotherapist, illness and recovery, inside recovery, prayer for inside recovery.